




DEER WEEK

AUGUST | 2018



IMPROVE YOUR DIVING WITH ADAM STERN, 5 x AUSSIE RECORD HOLDER AND 104m DIVER, AS WELL AS CURRENT WORLD CHAMPION ALEXEY MOLCHANOV WHO CAN DIVE TO AN INCREDIBLE DEPTH OF 129 m.

JOIN US FOR 8 DAYS OF TRAINING IN AMED, BALI ON AUGUST 18-25.

DEEP WEEK BRINGS THE BEST FREEEDIVERS, FREEDIVING INSTRUCTORS AND FREEDIVING EXPERTS FROM ALL OVER THE WORLD, TO ONE PLACE. WHERE WE CAN SHARE KNOWLEDGE AND MAXIMISE LEARNING. NO OTHER FREEDIVING TRAINING CAMP IS ABLE TO OFFER THIS LEVEL OF EXPERIENCE AND EXPERTISE.

The training is suitable for all levels, from absolute beginner all the way to professional. This camp is individually focused so you can get the most out of your freediving training. Everyone dives for their own reasons, which is why we bring instructors of all different specialities to work with you in your particular goals.

If you do not have any previous freediving certification you will be able to complete your Freediver and Advanced Freediver course during the training camp.

If you have your Freediver certification (or qualifying certification) already you will be able to complete your Advanced Freediver course and start your Master Freediver course.

Or if you have your Advanced Freediver course (or qualifying certification) already you will be able to complete your Master course during the training camp.



ACCOMMODATION

AMED IS A SMALL DIVING TOWN IN NORTH EASTERN BALI, ABOUT A 3 HOUR DRIVE FROM DENPASAR AIRPORT. YOU CAN GET A TAXI FROM THE AIRPORT TO YOUR HOTEL IN AMED FOR AROUND 500 000 IDR, ROUGHLY AUD\$50.

Accommodation in Amed is plentiful! There are nice bungalows and rooms up and down the long stretch of beach. Prices range from AUD\$10-\$50 per night. For AUD\$20 a night you can have a nice private room with air conditioning, private bathroom and a queen size bed. A full list of accommodation near the dive centre will be provided upon booking. But here is a list that you can check out on google just to get your started!

We can also arrange an airport transfer for you.

BUDGET AUD\$10-\$20 PER NIGHT

- Pacha hostel
- Dharma Yoga
- Sunrise café & bungalows
- Warung Pantai
- Teman Teman
- Geria Geri Shanti

MID-RANGE AUD\$30-\$50 PER NIGHT

- Pakel's Villas
- Amed Cafe
- Pondok Laut
- Kembali beach bungalows
- Ganesha
- Jukung Bali

HIGH END AUD\$60+ PER NIGHT

- Casa de Amed
- Villa Disana
- Life in Amed
- The Griya
- Santai

TIMETABLE

EVERYDAY OUR INSTRUCTORS WILL HOLD A VARIETY OF WORKSHOPS ON DIFFERENT FREEDIVING TOPICS. YOU ARE WELCOME TO ATTEND AS MANY OR AS FEW ACTIVITIES AS YOU LIKE AND CHOOSE WHICH WORKSHOPS TO ATTEND BASED ON YOUR INTERESTS.

During the workshop times, there will be three different workshops that will run simultaneously that you can choose from. A daily schedule will look similar to the below:

7.00am Yoga

8.30am Workshops

10.30am Depth Training

3.00pm Workshops and Dry Training

5.30pm Yoga or Strength & Conditioning

WRECK DIVING

THERE ARE THREE STUNNING WRECKS IN THE AREA, THE USAT LIBERTY WRECK, THE KUBU WRECK AND THE JAPANESE WRECK, AS WELL AS STUNNING CORAL REEF AND BEAUTIFUL BLUE WATER WITH 20-30m VISIBILITY.

DAY TRIPS AND ACTIVITIES

MANTA TRIP

Just a short drive and boat ride from Amed is Nusa Penida, one of the best places on earth to dive with manta rays. 110 AUD per person.

BLUE WATER SPEARFISHING

Fusion Freediving offer spearfishing trips to the numerous Rumpungs (fish aggregating devices) off of Amed. www.fusionspearfishing.com





PAYMENT INFO

THE COST OF THE CAMP IS \$990AUD PER PERSON, THIS COVERS ALL TRAINING AND CERTIFICATION COSTS.

Price does not include travel, accommodation, meals or gear hire. To ensure your booking is confirmed please provide a \$250AUD non refundable deposit. The remaining amount can be paid 1 month prior to Deep Week.

PAYMENT OPTIONS

DIRECT DEPOSIT

Commonwealth Bank of Australia
Mr Adam T Stern
BSB: 062735 | ACC: 10033615

PAYPAL

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QUESTIONS OR BOOKING?

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